

ProvenMen.org 2014 Christian Men Porn Survey and Statistics

In 2014, Proven Men Ministries undertook to conduct a nationwide study to obtain current and expansive data and statistics pertaining to the scope of pornography use and addiction, and the impact pornography use has on a person's life, work, marriage, and sexual behaviors. Although the survey consisted of a nationally representative sample of 1,000 U.S. adults nationwide, this portion of the report contains the results pertaining to 388 self-identified Christian men from within the survey.

The comprehensive survey addressed the following 13 topics pertaining to pornography use and sexual behaviors of self-identified Christian men.

- 1. Frequency of Pornography Viewing by Self-Identified Christian Men**
- 2. Excessive Use of Pornography by Self-Identified Christian Men**
- 3. Addiction to Pornography by Self-Identified Christian Men**
- 4. Pornography Viewership at Work by Self-Identified Christian Men**
- 5. Extramarital Affairs by Self-Identified Christian Men**
- 6. Age First Exposed to Pornography by Self-Identified Christian Men**
- 7. Age of First Intercourse by Self-Identified Christian Men**
- 8. Primary Source of Sexual Information by Self-Identified Christian Men**
- 9. Preferred Method of Viewing Pornography by Self-Identified Christian Men**
- 10. Erase Internet Browsing History by Self-Identified Christian Men**
- 11. Access to Pornography Apps or Programs by Self-Identified Christian Men**
- 12. Installed Pornography Filter or Block by Self-Identified Christian Men**
- 13. Level of Comfort Discussing Sex with Parents by Self-Identified Christian Men**

Highlights from the Survey regarding self-identified Christian Men:

- 97% have viewed pornography
- 80% don't have an Internet filter to block porn from computers or cell phones (79% for born-again Christian men)
- 78% viewed porn before turning 16 years old
- 77% of those ages 18-30 view porn at least monthly
- 65% viewed porn at work in the last 90 days (44% for born-again Christian men)
- 64% men view porn at least once a month (54% for born-again Christian men)
- 55% men were not comfortable talking to parents about sex while growing up (67% for born-again Christian men)
- 55% of those married view porn at least once a month
- 39% believe they should view less porn
- 37% look at porn several times a week
- 36% viewed porn multiple times while at work in the last 90 days
- 36% of those ages 18-30 view porn at least daily
- 35% of those married had sex with someone else while married (31% for born-again Christian men)

- 32% of those ages 18-30 think they are addicted to porn and another 12% are not sure
- 28% viewed porn before turning 12 years old
- 26% erase Internet browsing history to conceal porn use (25% for born-again Christian men)
- 24% had sexual intercourse before turning 16 years old (27% for born-again Christian men)
- 17% installed a computer program or cell phone app to enhance viewing porn (9% for born-again Christian men)

Full Results:

1. Frequency of Pornography Viewing by Self-Identified Christian Men

Question: How often do you look at either a pornographic image or video?

Findings

Only 3% of adult U.S. Christian males claim to have never viewed pornography. Approximately two-thirds (64%) of Christian men admit that they view pornography at least monthly. With respect to Christian men between 18-30 years old, 77% look at porn at least monthly, and 36% look at porn at least daily. Within the Christian community, 54% of those identifying themselves as born-again Christians admit to viewing porn at least monthly and 14% admit to viewing porn daily. Only 5% of born-again Christian men claim that they never looked at porn.

Single Christian men look at porn more frequently than married men. For instance, 7 in 10 (70%) single Christian men look at porn at least monthly, and 1 in 4 (25%) view porn at least daily. However, over one-half (55%) of married Christian men admit that they still look at porn at least monthly and over 1 in 10 (11%) married Christian men look at porn at least daily.

Table 1.1 Frequency of Pornography Viewing by Self-Identified Christian Men

Porn Viewing	Christian	Born-Again	Non-Christian
several times a day	7%	3%	3%
at least once daily	12%	11%	10%
several times a week	18%	11%	29%
several times a month	15%	21%	14%
at least once a month	12%	8%	9%
a few times a year	9%	11%	17%
less often	25%	31%	12%
never	3%	5%	6%

Table 1.2 Frequency of Pornography Viewing by Age of Self-Identified Christian Men

Porn Viewing	18-30	31-49	50-68
several times a day	13%	10%	2%
at least once daily	23%	11%	7%
several times a week	25%	16%	18%

several times a month	14%	20%	13%
at least once a month	2%	7%	23%
a few times a year	3%	12%	8%
less often	14%	22%	26%
never	6%	2%	3%

Table 1.3 Frequency of Pornography Viewing by Marital Status of Self-Identified Christian Men

Porn Viewing	Married	Not Married
several times a day	5%	9%
at least once daily	6%	16%
several times a week	14%	21%
several times a month	14%	16%
at least once a month	16%	8%
a few times a year	12%	5%
less often	30%	22%
never	3%	3%

2. Excessive Use of Pornography by Self-Identified Christian Men

Question: Have you ever thought that perhaps you should view less pornography?

Findings

Christian men are quicker to think that they should view less pornography than non-Christian men. Nearly one-half (47%) of born-again Christian men think they should view less porn, compared to 4 in 10 (39%) Christian men and 2 in 10 (19%) non-Christian men.

Table 2.1 Believe Use of Pornography is Excessive by Self-Identified Christian Men

Should View Less Porn	Christian	Born-Again	Non-Christian
Yes	39%	47%	19%
Not Sure	7%	5%	11%
No	51%	42%	64%
Never Viewed Porn	3%	5%	6%

Table 2.2 Believe Use of Pornography is Excessive by Age of Self-Identified Christian Men

Should View Less Porn	18-30	31-49	50-68
Yes	69%	43%	22%
Not Sure	6%	6%	8%
No	19%	49%	67%
Never Viewed Porn	6%	2%	3%

Table 2.3 Believe Use of Pornography is Excessive by Marital Status of Self-Identified Christian Men

Should View Less Porn	Married	Not Married
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Yes	32%	45%
Not Sure	6%	8%
No	60%	43%
Never Viewed Porn	2%	4%

3. Addiction to Pornography by Self-Identified Christian Men

Question: Based on your understanding of an “addiction,” have you ever thought you might have an addiction to pornography?ⁱ

Findings

Two in ten (21%) self-identified Christian men of all ages either think that they are addicted (15%) or are unsure (6%) if they are addicted to pornography, compared to 1 in 10 non-Christian men. The rates are even higher for those identifying themselves as born-again Christians, with nearly 3 in 10 (27%) either believing that they are addicted (18%) or being unsure (9%) if they are addicted to pornography. Younger Christian men are even much more likely to think that they are addicted to porn, which also corresponds to the more frequent amount of viewing porn as shown above. Over 4 in 10 (44%) young Christian men (ages 18-30) think they are addicted (32%) or might be addicted (12%) to porn.

Table 3.1 Think You Might be Addicted to Pornography by Self-Identified Christian Men

Addicted to Porn?	Christian	Born-Again	Non-Christian
Yes	15%	18%	6%
Not Sure	6%	9%	4%

Table 3.2 Think You Might be Addicted to Pornography by Age of Self-Identified Christian Men

Addicted to Porn?	18-30	31-49	50-68
Yes	32%	18%	5%
Not Sure	12%	8%	1%

Table 3.3 Think You Might be Addicted to Pornography by Marital Status of Self-Identified Christian Men

Addicted to Porn?	Married	Not Married
Yes	14%	16%
Not Sure	3%	8%

4. Pornography Viewership at Work by Self-Identified Christian Men

Question: How many times have you looked at pornography while at work in the past 3 months?

Findings

Approximately two-thirds of Christian men (65%) admit to viewing pornography at least one time while at work in the past 3 months. The numbers are lower for born-again Christian, with 44% viewing porn at work in the past 3 months. Christian men between 31-49 years old have the highest rates, with 77% admitting to viewing porn at work in the past 3 months.

Table 4.1 Pornography Viewing at Work by Self-Identified Christian Men

View Porn at Work	Christian	Born-Again	Non-Christian
none	35%	56%	39%
once	29%	19%	17%
2-10 times	23%	19%	28%
more than 10	13%	6%	16%

Table 4.2 Pornography Viewing at Work by Age of Self-Identified Christian Men

View Porn at Work	18-30	31-49	50-68
none	51%	23%	25%
once	10%	32%	46%
2-10 times	28%	24%	19%
more than 10	11%	21%	10%

Table 4.3 Pornography Viewing at Work by Marital Status of Self-Identified Christian Men

View Porn at Work	Married	Not Married
none	21%	44%
once	35%	25%
2-10 times	25%	21%
more than 10	19%	10%

5. Extramarital Affairs by Self-Identified Christian Men

Question: Have you ever had a sexual encounter – while married – with a person besides your spouse?

If yes: About how many different partners have you had sexual encounters with while married, not counting your spouse?

Findings

Over one-in-three (35%) Christian men are having sexual affairs with someone other than their wives while married. The rate for born-again Christian men having affairs while married is not far behind at 31%. When a married man has one affair, it is likely to be repeated. Over one-half (56%) of men having had one affair will end up having more than three affairs.

Table 5.1 Extramarital Affairs by Self-Identified Christian Men

	Christian	Born-Again	Non-Christian
Sexual Affair while Married	35%	31%	35%

Table 5.2 Number of Different Partners While Married (among Christian Men having affairs)

Number of Affairs	none	1	2	3 or more
Christian	65%	9%	6%	19%
Born-Again	69%	11%	4%	16%

6. Age First Exposed to Pornography by Self-Identified Christian Men

Question: Thinking back, at what age do you remember seeing your first pornographic image or video, or have you never seen pornography?

Findings

Before being of driving age (16 years old), more than three-fourths (78%) of Christian men have viewed pornography. With respect to Christian men between 18-30 years old, the numbers rise to 89% that have viewed porn before their sixteenth birthday, 40% had viewed porn before turning 12 years old, and 22% had viewed porn before turning 9 years old.

Table 6.1 First Exposed to Pornographic Images by Self-Identified Christian Men

Age First View	Christian	Born-Again	Non-Christian
Under 9	11%	14%	6%
9 to 11	17%	20%	17%
12-15	50%	43%	54%
16 and older	22%	23%	23%

Table 6.2 First Exposed to Pornographic Images by Age of Self-Identified Christian Men

Age First View	18-30	31-49	50-68
Under 9	22%	15%	4%
9 to 11	18%	31%	7%
12-15	49%	41%	64%
16 and older	11%	12%	25%

7. Age of First Intercourse by Self-Identified Christian Men

Question: Thinking back, at what age did you first engage in sexual intercourse, or have you never had sex or sexual intercourse?

Findings

Nearly one-quarter (24%) of Christian men had sexual intercourse before turning 16 years old. This does not include those having oral sex or engaged in heavy petting. The numbers are slightly higher for born-again Christians, with 27% admitting having sexual intercourse before turning 16 years old.

Table 7.1 Age of First Intercourse by Self-Identified Christian Men

Age of First Sex	Christian	Born-Again	Non-Christian
Under 13	7%	9%	7%
13 to 15	17%	18%	14%
16 and older	76%	73%	79%

Table 7.2 Age of First Intercourse by Age of Self-Identified Christian Men

Age of First Sex	18-30	31-49	50-68
Under 13	3%	10%	8%
13 to 15	10%	28%	15%
16 and older	87%	62%	77%

8. Primary Source of Sexual Information by Self-Identified Christian Men

Question: Growing up, what was your primary source of information about sex?

Findings

Nearly one-quarter (23%) of Christian men between 18-30 years old considered pornography to be their primary source of information about sex while growing up. Nearly 2 in 10 (19%) born-again Christians also listed porn as their primary information about sex. Friends top the charts for all age groups as the primary source of information about sex. Parents dip to third for men between 18-30 years old, fourth for men between 31-49 years old, and second for men over 50 years old.

Table 8.1 Primary Source of Information about Sex by Self-Identified Christian Men

Source	Christian	Born-Again	Non-Christian
television	11%	7%	11%
parents	15%	19%	13%
friends	39%	34%	37%
siblings	2%	3%	0%
porn	14%	19%	16%
sex ed	7%	6%	8%
not sure	9%	9%	10%
other	3%	2%	5%

Table 8.2 Primary Source of Information about Sex by Age of Self-Identified Christian Men

Source	18-30	31-49	50-68
television	21%	16%	2%
parents	17%	10%	15%
friends	26%	32%	54%
siblings	0%	1%	3%
porn	23%	17%	9%
sex ed	6%	7%	6%
not sure	6%	14%	8%

other 1% 3% 3%

9. Preferred Method of Viewing Pornography by Self-Identified Christian Men

Question: When you look at a pornographic image or video, which of the following do you prefer using most?

Findings

Among Christian men who admitted viewing sexually explicit material, 6 in 10 (60%) prefer to use the computer for looking at pornographic images or videos. Television took a distant second place at 12%, followed by magazines at 8%, and cell phones at 7%. With respect to younger men, ages 18-30, nearly two-thirds (64%) still preferred the computer as their favorite device to view porn. However, cell phones jump to 26% for this age group as their preferred device to watch porn.

Table 9.1 Preferred Method of Viewing Pornography by Christian Men

Preferred Method	Christian	Born-Again Non-Christian	
computer	60%	63%	75%
television	12%	10%	7%
cell phone	7%	2%	9%
tablet	5%	7%	2%
magazine	8%	8%	3%
something else	7%	11%	4%

Table 9.2 Preferred Method of Viewing Pornography by Age of Christian Men

Preferred Method	18-30	31-49	50-68
computer	64%	57%	64%
television	3%	19%	13%
cell phone	26%	4%	0%
tablet	6%	7%	5%
magazine	1%	6%	9%
something else	1%	7%	10%

10. Erase Internet Browsing History by Self-Identified Christian Men

Question: Have you erased your Internet browsing history in the last 30 days because you know it will show that you looked at pornography or sexually explicit content?

Findings

Over one-quarter (26%) of Christian men say they have erased their Internet browsing history in the last 30 days in order to hide or conceal their viewing of pornography or other sexually explicit content. The rate for born-again Christian men was virtually the same at 1 in 4 (25%). The numbers jump to one-half (50%) with respect to Christian men ages 18-30 years old who erased their Internet browsing history to conceal porn use. Nearly 1 in 3 (28%) married Christian

men also admit to erasing Internet browsing history in the last 30 days in order to hide or conceal their viewing of pornography or other sexually explicit content.

Table 10.1 Erased Internet Browsing History by Self-Identified Christian Men

Erased History	Christian	Born-Again Non-Christian	
Christian Men	26%	25%	24%

Table 10.2 Erased Internet Browsing History by Age of Self-Identified Christian Men

Erased History	18-30	31-49	50-68
Christian Men	50%	22%	17%

Table 10.3 Erased Internet Browsing History by Self-Identified Married Christian Men

Erased History	Married	Non-Married
Christian Men	28%	25%

11. Access to Pornography Apps or Programs by Self-Identified Christian Men

Question: Do you have any cell phone applications or computer programs that are designed to provide access to sexually explicit content?

Findings

One in six (17%) Christian men have installed a cell phone app or some form of computer software that is specifically designed to provide better access to sexually explicit content, which is the same rate for married Christian men. Nearly one-fourth (23%) of Christian men ages 18-30 have installed a program or app to enhance pornography viewing.

Table 11.1 Installed Pornography Apps or Program by Self-Identified Christian Men

Installed App	Christian	Born-Again Non-Christian	
Men	17%	9%	14%

Table 11.2 Installed Pornography Apps or Program by Age by Self-Identified Christian Men

Installed App	18-30	31-49	50-68
Christian Men	23%	19%	11%

Table 11.3 Installed Pornography Apps or Program by Self-Identified Married Christian Men

Erased History	Married	Non-Married
Christian Men	17%	18%

12. Installed Pornography Filter or Block by Self-Identified Christian Men

Question: Do you currently have an Internet filter installed on your cell phone or computer which blocks pornography?

Findings

Eight out of ten (80%) Christian men do not have a pornography-blocking filter installed on either their computer or cell phone. Only 13% of Christian men have pornography filters or blocks on both cell phones and computers to prevent pornography, which is the same rate for born-again Christian men.

Table 12.1 Have a Pornographic Filter by Self-Identified Christian Men

Installed Filter	Christian	Born-Again	Non-Christian
yes, on both my cell phone and computer	13%	13%	4%
yes, only on my computer	6%	7%	5%
yes, only on my cell phone	1%	1%	0%
no	80%	79%	91%

Table 12.2 Have a Pornographic Filter by Age of Self-Identified Christian Men

Installed Filter	18-30	31-49	50-68
yes, on both my cell phone and computer	21%	14%	9%
yes, only on my computer	9%	6%	5%
yes, only on my cell phone	0%	1%	1%
no	70%	79%	85%

Table 12.3 Have a Pornographic Filter by Self-Identified Married Christian Men

Installed Filter	Married	Non-Married
yes, on both my cell phone and computer	14%	12%
yes, only on my computer	7%	5%
yes, only on my cell phone	1%	0%
no	78%	83%

13. Level of Comfort Discussing Sex with Parents by Self-Identified Christian Men

Question: When growing up, did you feel comfortable going to your parents with questions about sex?

Findings

Over one-half (55%) of Christian men were not comfortable talking to parents about sex while growing up. In fact, one-third (33%) of Christian men were not at all comfortable talking to parents about sex. Conversely, only 14% of Christian men were very comfortable talking to parents about sex.

Younger Christian men, however, appear to have been more comfortable talking to parents about sex while growing up. The number of Christian men between 18-30 years old that were uncomfortable talking to parents about sex was 31%, compared to 73% for Christian men between 50-68 years old.

The numbers for born-again Christian men that were uncomfortable talking to parents about sex is higher, with 67% being uncomfortable talking about sex with parents.

Table 13.1 Discussing Sex with Parents by Self-Identified Christian Men

Talking to Parents	Christian	Born-Again	Non-Christian
Very comfortable	14%	9%	8%
Somewhat comfortable	31%	25%	23%
Not very comfortable	22%	25%	32%
Not at all comfortable	33%	42%	37%

Table 13.2 Discussing Sex with Parents by Age of Self-Identified Christian Men

Talking to Parents	18-30	31-49	50-68
Very comfortable	28%	16%	6%
Somewhat comfortable	41%	33%	21%
Not very comfortable	11%	22%	29%
Not at all comfortable	20%	29%	44%

About the Survey

Proven Men Ministries, Ltd. undertook to conduct a nationwide survey to obtain current data pertaining to the scope of pornography use and the impact pornography use has on a person's life, work, marriage, and sexual behaviors. Although Proven Men developed the specific target questions for pornography and sexual behaviors, to ensure accuracy of the results, it hired the Barna Group to conduct the survey and establish a nationally representative sample of 1,000 U.S. adults nationwide. This portion of the report contains the results pertaining to 388 self-identified Christian men from within the survey. Respondents were told that the targeted questions would be about sexual behavior and pornography and were given a chance to opt out after answering background questions. Ninety-two percent of those beginning the survey agreed to participate in these targeted questions. The Barna Group established that the sampling error for the entire survey is ± 3.1 percentage points at the 95% confidence level. Within the sample pool, there were 388 self-identified Christian men. Therefore, the sampling error for questions posed to Christian men is ± 7.1 percentage points at the 95% confidence level. With respect to questions regarding viewing porn at work, nearly one-half of those completing the survey opted not to answer that particular question and therefore based on the 200 Christian men responding to questions regarding viewing porn at work, the sampling error is ± 7.1 percentage points at the 95% confidence level. In addition, the sampling size for those identifying themselves as born-again Christians was 150. Therefore the sampling error is ± 10 percentage points at the 95% confidence level pertaining to questions posed to self-identified born-again Christian men.

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2014 ProvenMen.org Christian Porn Survey (conducted by Barna Group). The survey results are located at www.ProvenMen.org/2014PornStudy/Christian-Porn-Stats
